

## Resilience, incorporating Art – Key Stage 3

### Intent:

Sadly, many students joining Southway in Key Stage 3 have already learnt to think of themselves as having not succeeded by one measure or another; their very attendance at Southway represents, they think, a failure to get 'it' right, whatever 'it' may be. Our resilience curriculum is designed to unpick this misunderstanding and to reframe their perceptions. Our aim is to either restore or develop and then to imbue a fundamental and crucial feeling of self-worth. We do this not by encouraging students to ignore or make light of their mistakes, of the times they 'fall short'; Resilience is about seeing these experiences for what they are: life-learning, not life-defining.

### Implementation:

	Term 1	Term 2	Term 3
Year 1	<ul style="list-style-type: none"> <li>• An introduction to Resilience</li> <li>• Box of feelings</li> <li>• Money Management</li> <li>• McMillan coffee morning preparation</li> <li>• Classroom treaty</li> <li>• Values and beliefs</li> <li>• Flag Making</li> <li>• Volcano creation</li> </ul>	<ul style="list-style-type: none"> <li>• Success tree (exploration)</li> <li>• Success tree (creation)</li> <li>• Morals</li> <li>• Southway newsletter</li> <li>• The cooking project</li> <li>• Outdoor survival</li> <li>• Into the wilderness</li> <li>• Community project</li> <li>• Southway newsletter</li> </ul>	<ul style="list-style-type: none"> <li>• Stem club Prevent the flood</li> <li>• Operation new community</li> <li>• Risk and reward</li> <li>• Group study</li> <li>• Southway newsletter</li> </ul>