

## The Duke of Edinburgh Award (Bronze) – Key Stage 4

### Intent:

Achieving the DofE Bronze Award will give our students skills, confidence and an edge over others when they apply for college, an apprenticeship or a job. DofE is a fantastic way to develop and demonstrate skills such as communication, commitment, leadership and teamwork.

Students will also make a difference to other people’s lives and their community, be fitter and healthier, and make new friends.

They will build character traits like confidence and resilience that can boost their mental health and wellbeing and help them face and overcome personal challenges.

Overall, our aim is to help young people build life-long belief in themselves, supporting them to take on their own challenges, follow their passions, and discover talents they never knew they had. Because when you prove to yourself that you’re ready for anything, nothing can hold you back.

### Implementation:

	Term 1	Term 2	Term 3
Year 1	Service Skill Physical	Service Skill Physical	Service Skill Physical  2-day Expedition

DofE Bronze Award provides life chances and experiences to students that they otherwise might not experience. It will help them to build resilience, work together, overcome challenges, help the community and improve both physical and mental health.

"There's no magic to running far or climbing Everest. Endurance is mental strength. It's all about heart." Bear Grylls